OPT Review

It is extremely important that you have a thorough understanding of the Optional Practical Training (OPT) regulations. Since you were unable to attend the informational session, this review is intended to ensure you have sufficient understanding of the regulations before applying. This review does not cover all important information, so be sure you read the entire PowerPoint carefully, and keep it throughout your OPT for reference. Email the completed form the same day you request an OPT appointment. Note: EAD stands for employment authorization document which is an I-20 for CPT and an employment authorization card issued by Citizenship and Immigration Services (CIS) for OPT.

1. I will be required to explain how my work relates to my degree program. True / False

2. To be eligible to apply for post-completion OPT:
   a. I must have had visa status permitting study for at least __________________________.
   b. I am eligible for OPT for each __________________________ degree completed.
   c. I must not submit my OPT application more than _________ days before I will complete degree requirements.

3. I am projected to complete degree requirements by __________ (This is not necessarily the date of commencement exercises commonly referred to as “graduation.”) I am confident I will successfully complete requirements by that date. True / False

4. A concentration or minor in a STEM field can be the basis for a STEM extension? True / False

5. If an H1-B application is filed on my behalf before my OPT ends, I may continue working after the ending date printed on my OPT EAD. True / False

6. If I am commonly called by a name other than my legal given name, I must include that name on my OPT application. (Example: A student’s name is John, but he sometimes goes by Johnny.) True / False

7. If I am outside the U.S., my OPT has been approved, and I need to re-enter to begin or continue OPT work, I must provide the following documentation:
   a.
   b.
   c.
   d.
   e.

8. If I travel to Canada, Mexico, or the contiguous islands and re-enter with an expired visa, this is called ________________ ________________ __________ ____________ __________.

9. If I travel to Canada, Mexico, or the contiguous islands and apply for a new F-1 visa, I can re-enter the U.S. in F-1 visa status even if the visa application is denied. True / False
10. If an I-20 is issued to for me to begin a new program of study before my OPT ending date, I will forfeit all remaining OPT. True / False

11. I understand that days of unemployment begin counting on the start date shown on my OPT EAD. It does not include days between completing degree requirements and the start date on my EAD. I am allowed up to ______ total days of unemployment during my OPT - including the Cap Gap Extension if applicable?

12. I am not eligible to continue the Georgia Southern University international student health insurance policy while I’m on OPT? True / False

13. During OPT, I must
   a. Notify the DSO within 10 days of:
      i. Moving from one U.S. address to another one True / False
      ii. Starting or changing employment True / False
      iii. Traveling to Disney World True / False
      iv. Ending employment before the ending date on my OPT employment authorization card (document/EAD) True / False
   b. Contact the DSO if:
      i. I need to request a Cap Gap I-20 or a STEM extension True / False
      ii. I want to buy a car True / False
      iii. My address in my home country changes True / False
      iv. I change status from F-1 before my OPT employment authorization card (document/EAD) expires True / False
      v. I will end my OPT early to start study for a new program of study True / False

14. If I do not report my employment information, my SEVIS record will automatically ___________ after 90 days (plus allotted reporting time frames).

15. My Georgia Southern University DSOs are still responsible for helping me keep my SEVIS record updated and answering my F-1 visa questions during my OPT. True / False